MALTHUS' ESSAY ON THE PRINCIPLE OF POPULATION

John Avery
H.C. Ørsted Institute, University of Copenhagen, Denmark

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Summary

The famous book on population by T. Robert Malthus grew out of his conversations with his father, Daniel, who was an enthusiastic believer in the optimistic philosophy of the Enlightenment. Like Godwin and Condorcet, Daniel Malthus believed that the application of scientific progress to agriculture and industry would inevitably lead humanity forward to a golden age. His son, Robert, was more pessimistic. He pointed out that the benefits of scientific progress would probably be eaten up by a growing population.

At his father's urging, Robert Malthus developed his ideas into a book, the first edition of which was published anonymously in 1798. In this classic book, Malthus pointed out that under optimum conditions, every biological population, including that of humans, is capable of increasing exponentially. For humans under optimum conditions, the population can double every twenty-five years, quadruple every fifty years and increase by a factor of 8 every seventy-five years. It can grow by a factor of 16 every century, and by a factor of 256 every two centuries, and so on.

Obviously, human populations cannot increase at this rate for very long, since if they did, the earth would be completely choked with people in a very few centuries.

Therefore, Malthus pointed out, various forces must be operating to hold the population in check. Malthus listed first the "positive checks" to population growth - disease, famine, and war. In addition, he listed "preventive checks" - birth control (which he called "Vice"), late marriage, and "Moral Restraint". The positive checks raise the death rate, while the preventive checks lower fertility.

According to Malthus, a population need not outrun its food supply, provided that late marriage, birth control or moral restraint are practiced; but without these less painful checks, the population will quickly grow to the point where the grim Malthusian forces - famine, disease and war - will begin to act. Today, as the population of humans and the size of the global economy rapidly approach absolute limits set by the carrying capacity of the earth's environment, it is important to listen to the warning voice of Malthus.

1. The Education of Malthus

T.R. Malthus' *Essay on The Principle of Population*, the first edition of which was published in 1798, was one of the first systematic studies of the problem of population in relation to resources. Earlier discussions of the problem had been published by Boterro in Italy, Robert Wallace in England, and Benjamin Franklin in America. However Malthus' *Essay* was the first to stress the fact that, in general, powerful checks operate continuously to keep human populations from increasing beyond their available food supply. In a later edition, published in 1803, he buttressed this assertion with carefully collected demographic and sociological data from many societies at various periods of their histories.

The publication of Malthus' *Essay* coincided with a wave of disillusionment which followed the optimism of the Enlightenment. The utopian societies predicted by the philosophers of the Enlightenment were compared with the reign of terror in Robespierre's France and with the miseries of industrial workers in England; and the discrepancy required an explanation. The optimism which preceded the French Revolution, and the disappointment which followed a few years later, closely paralleled the optimistic expectations of our own century, in the period after the Second World War, when it was thought that the transfer of technology to the less developed parts of the world would eliminate poverty, and the subsequent disappointment when poverty persisted. Science and technology developed rapidly in the second half of the twentieth century, but the benefits which they conferred were just as rapidly consumed by a global population which today is increasing at the rate of one billion people every fourteen years. Because of the close parallel between the optimism and disappointments of Malthus' time and those of our own, much light can be thrown on our present situation by rereading the debate between Malthus and his contemporaries.

Thomas Robert Malthus (1766-1834) came from an intellectual family: His father, Daniel Malthus, was a moderately well-to-do English country gentleman, an enthusiastic believer in the optimistic ideas of the Enlightenment, and a friend of the philosophers Jean Jacques Rousseau, David Hume and William Godwin. The famous book on population by the younger Malthus grew out of conversations with his father.

Daniel Malthus attended Oxford, but left without obtaining a degree. He later built a country home near Dorking, which he called "The Rookery". The house had Gothic battlements, and the land belonging to it contained a beech forest, an icehouse, a corn mill, a large lake, and serpentine walks leading to "several romantic buildings with appropriate dedications".

Daniel Malthus was an ardent admirer of Rousseau; and when the French philosopher visited England with his mistress, Thérése le Vasseur, Daniel Malthus entertained him at the Rookery. Rousseau and Thérése undoubtedly saw Daniel's baby son (who was always called Robert or Bob) and they must have noticed with pity that he had been born with a harelip. This was later sutured, and apart from a slight scar which marked the operation, he became very handsome.

Robert Malthus was at first tutored at home; but in 1782, when he was 16 years old, he was sent to study at the famous Dissenting Academy at Warrington in Lancashire. Joseph Priestly had taught at Warrington, and he had completed his famous *History of Electricity* there, as well as his *Essay on Government*, which contains the phrase "the greatest good for the greatest number".

Robert's tutor at Warrington Academy was Gilbert Wakefield (who was later imprisoned for his radical ideas). When Robert was 18, Wakefield arranged for him to be admitted to Jesus College, Cambridge University, as a student of mathematics. Robert Malthus graduated from Cambridge in 1788 with a first-class degree in mathematics. He was Ninth Wrangler, which meant that he was the ninth-best mathematician in his graduating class. He also won prizes in declamation, both in English and in Latin, which is surprising in view of the speech defect from which he suffered all his life.

2. Debate on the Views of Godwin and Condorcet

In 1793, Robert Malthus was elected a fellow of Jesus College, and he also took orders in the Anglican Church. He was assigned as Curate to Okewood Chapel in Surrey. This small chapel stood in a woodland region, and Malthus' illiterate parishioners were so poor that the women and children went without shoes. They lived in low thatched huts made of woven branches plastered with mud. The floors of these huts were of dirt, and the only light came from tiny window openings. Malthus' parishioners' diet consisted almost entirely of bread. The children of these cottagers developed late, and were stunted in growth. Nevertheless, in spite of the harsh conditions of his parishioners' lives, Malthus noticed that the number of births which he recorded in the parish register greatly exceeded the number of deaths. It was probably this fact which first turned his attention to the problem of population.

By this time, Daniel Malthus had sold the Rookery; and after a period of travel, he had settled with his family at Albury, about nine miles from Okewood Chapel. Robert Malthus lived with his parents at Albury, and it was here that the famous debates between father and son took place.

The year 1793, when Robert Malthus took up his position at Okewood, was also the

year in which Daniel Malthus friend, William Godwin, published his enormously optimistic book, *Political Justice* [6, 14, 21]. In this book, Godwin predicted a future society where scientific progress would liberate humans from material want. Godwin predicted that in the future, with the institution of war abolished, with a more equal distribution of property, and with the help of scientific improvements in agriculture and industry, much less labor would be needed to support life. Luxuries are at present used to maintain artificial distinctions between the classes of society, Godwin wrote, but in the future values will change; humans will live more simply, and their efforts will be devoted to self-fulfillment and to intellectual and moral improvement, rather than to material possessions. With the help of automated agriculture, the citizens of a future society will need only a few hours a day to earn their bread.

Godwin went on to say:

The spirit of oppression, the spirit of servility and the spirit of fraud - these are the immediate growth of the established administration of property. They are alike hostile to intellectual improvement. The other vices of envy, malice, and revenge are their inseparable companions. In a state of society where men lived in the midst of plenty, and where all shared alike the bounties of nature, these sentiments would inevitably expire. The narrow principle of selfishness would vanish. No man being obliged to guard his little store, or provide with anxiety and pain for his restless wants, each would lose his own individual existence in the thought of the general good. No man would be the enemy of his neighbor, for they would have nothing to contend; and of consequence philanthropy would resume the empire which reason assigns her. Mind would be delivered from her perpetual anxiety about corporal support, and free to expatiate in the field of thought which is congenial to her. Each man would assist the inquiries of all.

Godwin insisted that there is an indissoluble link between politics, ethics and knowledge. *Political Justice* is an enthusiastic vision of what humans could be like at some future period when the trend towards moral and intellectual improvement has lifted men and women above their present state of ignorance and vice. Much of the savage structure of the penal system would then be unnecessary, Godwin believed. (At the time when he was writing, there were more than a hundred capital offenses in England, and this number had soon increased to almost two hundred. The theft of any object of greater value than ten shillings was punishable by hanging.)

In its present state, Godwin wrote, society decrees that the majority of its citizens "should be kept in abject penury, rendered stupid with ignorance and disgustful with vice, perpetuated in nakedness and hunger, goaded to the commission of crimes, and made victims to the merciless laws which the rich have instituted to oppress them". But human behavior is produced by environment and education, Godwin pointed out. If the conditions of upbringing were improved, behavior would also improve. In fact, Godwin believed that men and women are subject to natural laws no less than the planets of Newton's solar system. "In the life of every human", Godwin wrote, "there is a chain of causes, generated in that eternity which preceded his birth, and going on in regular procession through the whole period of his existence, in consequence of which it was impossible for him to act in any instance otherwise than he has acted."

The chain of causality in human affairs implies that vice and crime should be regarded with the same attitude with which we regard disease. The causes of poverty, ignorance, vice and crime should be removed. Human failings should be cured rather than punished. With this in mind, Godwin wrote, "…our disapprobation of vice will be of the same nature as our disapprobation of an infectious distemper."

In France the Marquis de Condorcet had written an equally optimistic book, *Esquisse d'un Tableau Historique des Progrés de l'Esprit Humain*. Condorcet's optimism was unaffected even by the fact that at the time when he was writing he was in hiding, under sentence of death by Robespierre's government. Besides enthusiastically extolling Godwin's ideas to his son, Daniel Malthus also told him of the views of Condorcet. Condorcet's *Esquisse* is an enthusiastic endorsement of the idea of infinite human perfectibility which was current among the philosophers of the eighteenth century, and in this book, Condorcet anticipated many of the evolutionary ideas of Charles Darwin. He compared humans with animals, and found many common traits. Condorcet believed that animals are able to think, and even to think rationally, although their thoughts are extremely simple compared with those of humans. He also asserted that humans historically began their existence on the same level as animals and gradually developed to their present state. Since this evolution took place historically, he reasoned, it is probable, or even inevitable, that a similar evolution in the future will bring mankind to a level of physical, mental and moral development which will be as superior to our own present state as we are now superior to animals.

In his *Esquisse*, Condorcet called attention to the unusually long period of dependency which characterizes the growth and education of human offspring. This prolonged childhood is unique among living beings. It is needed for the high level of mental development of the human species; but it requires a stable family structure to protect the young during their long upbringing. Thus, according to Condorcet, biological evolution brought into existence a moral precept, the sanctity of the family.

Similarly, Condorcet maintained, larger associations of humans would have been impossible without some degree of altruism and sensitivity to the suffering of others incorporated into human behavior, either as instincts or as moral precepts or both; and thus the evolution of organized society entailed the development of sensibility and morality.

Condorcet believed that ignorance and error are responsible for vice; and he listed what he regarded as the main mistakes of civilization: hereditary transmission of power, inequality between men and women, religious bigotry, disease, war, slavery, economic inequality, and the division of humanity into mutually exclusive linguistic groups.

Condorcet believed the hereditary transmission of power to be the source of much of the tyranny under which humans suffer; and he looked forward to an era when republican governments would be established throughout the world. Turning to the inequality between men and women, Condorcet wrote that he could see no moral, physical or intellectual basis for it. He called for complete social, legal, and educational equality between the sexes.

Condorcet predicted that the progress of medical science would free humans from the worst ravages of disease. Furthermore, he maintained that since perfectibility (i.e. evolution) operates throughout the biological world, there is no reason why mankind's physical structure might not gradually improve, with the result that human life in the remote future could be greatly prolonged. Condorcet believed that the intellectual and moral facilities of man are capable of continuous and steady improvement; and he thought that one of the most important results of this improvement would be the abolition of war.

As Daniel Malthus talked warmly about Godwin, Condorcet, and the idea of human progress, the mind of his son, Robert, turned to the unbalance between births and deaths which he had noticed among his parishioners at Okewood Chapel. He pointed out to his father that no matter what benefits science might be able to confer, they would soon be eaten up by population growth. Regardless of technical progress, the condition of the lowest social class would remain exactly the same: The poor would continue to live, as they always had, on the exact borderline between survival and famine, clinging desperately to the lower edge of existence. For them, change for the worse was impossible since it would loosen their precarious hold on life; their children would die and their numbers would diminish until they balanced the supply of food. But any change for the better was equally impossible, because if more nourishment should become available, more of the children of the poor would survive, and the share of food for each of them would again be reduced to the precise minimum required for life.

Observation of his parishioners at Okewood had convinced Robert Malthus that this somber picture was a realistic description of the condition of the poor in England at the end of the eighteenth century. Techniques of agriculture and industry were indeed improving rapidly; but among the very poor, population was increasing equally fast, and the misery of society's lowest class remained unaltered.

Daniel Malthus was so impressed with his son's arguments that he urged him to develop them into a small book. Robert Malthus' first essay on population, written in response to his father's urging, was only 50,000 words in length. It was published anonymously in 1798, and its full title was *An Essay on the Principle of Population, as it affects the future improvement of society, with remarks on the speculations of Mr. Godwin, M. Condorcet and other writers*. Robert Malthus' *Essay* explored the consequences of his basic thesis: that "the power of population is indefinitely greater than the power in the earth to produce subsistence for man".

3. Publication of the First Essay in 1798

"That population cannot increase without the means of subsistence", Robert Malthus wrote, "is a proposition so evident that it needs no illustration. That population does invariably increase, where there are means of subsistence, the history of every people who have ever existed will abundantly prove. And that the superior power cannot be checked without producing misery and vice, the ample portion of these two bitter ingredients in the cup of human life, and the continuance of the physical causes that seem to have produced them, bear too convincing a testimony."

In order to illustrate the power of human populations to grow quickly to enormous numbers if left completely unchecked, Malthus turned to statistics from the United States, where the population had doubled every 25 years for a century and a half. Malthus called this type of growth "geometrical" (today we would call it "exponential"); and, drawing on his mathematical education, he illustrated it by the progression 1,2,4,8,16,32,64,128,256,and so on. In order to show that, in the long run, no improvement in agriculture could possibly keep pace with unchecked population growth, Malthus allowed that, in England, agricultural output might with great effort be doubled during the next quarter century; but during a subsequent 25-year period it could not again be doubled. The growth of agricultural output could at the very most follow an arithmetic (linear) progression, 1,2,3,4,5,6, and so on.

Because of the overpoweringly greater numbers which can potentially be generated by exponential population growth, as contrasted to the slow linear progression of sustenance, Malthus was convinced that at almost all stages of human history, population has not expanded freely, but has instead pressed painfully against the limits of its food supply. He maintained that human numbers are normally held in check either by "vice or misery". (Malthus classified both war and birth control as a forms of vice.) Occasionally the food supply increases through some improvement in agriculture, or through the opening of new lands; but population then grows very rapidly, and soon a new equilibrium is established, with misery and vice once more holding the population in check.

Like Godwin's *Political Justice*, Malthus' *Essay on the Principle of Population* was published at exactly the right moment to capture the prevailing mood of England. In 1793, the mood had been optimistic; but by 1798, hopes for reform had been replaced by reaction and pessimism. Public opinion had been changed by Robespierre's Reign of Terror and by the threat of a French invasion. Malthus' clear and powerfully written essay caught the attention of readers not only because it appeared at the right moment, but also because his two contrasting mathematical laws of growth were so striking.

One of Malthus' readers was William Godwin, who recognized the essay as the strongest challenge to his utopian ideas that had yet been published. Godwin several times invited Malthus to breakfast at his home to discuss social and economic problems. (After some years, however, the friendship between Godwin and Malthus cooled, the debate between them having become more acrimonious.)

In 1801, Godwin published a reply to his critics, among them his former friends James Mackintosh and Samuel Parr, by whom he recently had been attacked. His *Reply to Parr* also contained a reply to Malthus: Godwin granted that the problem of overpopulation raised by Malthus was an extremely serious one. However, Godwin wrote, all that is needed to solve the problem is a change of the attitudes of society. For example we need to abandon the belief "that it is the first duty of princes to watch for (i.e. encourage) the multiplication of their subjects, and that a man or woman who passes the term of life in a condition of celibacy is to be considered as having failed to discharge the principal obligations owed to the community".

"On the contrary", Godwin continued, "it now appears to be rather the man who rears a

numerous family that has to some degree transgressed the consideration he owes to the public welfare". Godwin suggested that each marriage should be allowed only two or three children or whatever number might be needed to balance the current rates of mortality and celibacy. This duty to society, Godwin wrote, would surely not be too great a hardship to be endured, once the reasons for it were thoroughly understood.

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Biographical Sketch

John Avery graduated from MIT with a BSc degree in physics and was later awarded his MSc at the University of Chicago. After working at the Cavendish Laboratory, Cambridge, England, and spending summers in the laboratory of Professor Albert Szent-Gyorgyi at Woods Hole, Massachusetts, he lectured at the Tait Institute of Mathematical Physics, Edinburgh University. He was awarded his PhD and DIC in chemistry at Imperial College, London, in 1965 and he remained there until 1973 lecturing in theoretical chemistry. He now holds the post of Associate Professor at the H.C. Ørsted Institute, University of Copenhagen. Between 1969 and 1980 he served as managing editor of the *Journal of Bioenergetics*, and he is the author of *The Quantum Theory of Atoms*, Molecules and Photons} (McGraw-Hill, 1972, Editorial Alhambra, Madrid, 1975), *Creation and Annihilation Operators* (McGraw-Hill, 1976), *Hyperspherical Harmonics, Applications in Quantum Theory*, (Kluwer Academic Publishers, 1989), *Progress, Poverty and Population* (Frank Cass, 1997), *Science and Society* (HCØ Tryk, 1998), and *Hyperspherical Harmonics and Generalized Sturmians* (Kluwer Academic Publishers, 1999). He is a foreign member of the Royal Danish Society of Sciences and Letters, and is the contact person for Denmark for the Pugwash Conferences on Science and World Affairs.